

University of the Highlands and Islands - Practical Information

The University of the Highlands and Islands offers a wide range of courses to exchange students, including courses in the humanities, sciences, social sciences and business. The University's several campuses are deeply rooted in the communities of the Scottish Highlands, providing for a highly unique study environment.

One quarter of UHI's students— about 8,000— attend its main campus in the city of Inverness, located on the picturesque river Ness. As the cultural capital of the Scottish Highlands, Inverness is full of charming restaurants, shops, museums, and activities.

Website

- Main website: <https://www.uhi.ac.uk/en>
- International student website: <https://www.uhi.ac.uk/en/studying-at-uhi/international>

Application Deadlines

Full year: **May 15th**

Semester 1: **May 15th**

Semester 2: **November 1st**

Application form: <https://www.uhi.ac.uk/en/studying-at-uhi/international/study-exchanges/international-exchange-programme/incoming-students>

Academic calendar 2016 - 2017: <https://www.uhi.ac.uk/en/students/academic-calendar>

Courses

Students must indicate on the application form which UHI campus and which program they intend to study. To browse course programs, see: <https://www.uhi.ac.uk/en/courses>
UHI consists of several campuses, all of which are located in the Highlands and Islands of Scotland.

They include:

- Argyll College
- Highland Theological College
- Inverness College
- Moray College
- Lews Castle College
- North Highland College
- Orkney College
- Perth College

To view campus profiles, see:

<https://www.uhi.ac.uk/en/campuses/>



Accommodation

University Accommodation: Certain campuses have university accommodation, averaging £324 per month. This price typically includes all utilities and wifi. Some accommodations offer on-site catering, others have shared kitchen facilities.

Private Accommodation: If students who are interested in finding private, off-campus accommodation need advice they may contact the UHI World team at international@uhi.ac.uk or at +44 (0) 1463 279242.

Host Family: Most families supply a single or shared bedroom along with breakfast, an evening meal, and lunch on weekends.

For more information on accommodation, see: <https://www.uhi.ac.uk/en/studying-at-uhi/international/student-support/accommodation/>

Visa and Travel Information

Canadian citizens planning on studying in the UK for more than 6 months are required to obtain a student visa. For more information, see: <https://www.gov.uk/browse/visas-immigration> and <https://www.uhi.ac.uk/en/studying-at-uhi/international/visas-information>

For UK travel advice and advisories, see: <https://travel.gc.ca/destinations/united-kingdom>

Health Insurance

Students who will be staying in the UK for more than 6 months will qualify for coverage under the National Health Service. Students who will be staying in the UK for less than 6 months are required to obtain health insurance from their home country prior to their arrival. For more information, see: <http://www.ukcisa.org.uk/International-Students/Study-work--more/Health-and-healthcare/>

Estimated Cost of Living in the Highlands (Inverness)

Restaurants	
Meal (inexpensive restaurant)	£ 11.75
Meal (2 people, three-course)	£ 48.50
McDonalds combo	£ 5.00
Markets	
Milk (1 l)	£ 0.89
Loaf of bread (500g)	£ 0.93
Rice (1kg)	£ 0.93
Eggs (12)	£ 1.66
Local cheese (1kg)	£ 5.20
Chicken breasts (1kg)	£ 5.98
Beef round (1kg)	£ 7.00
Apples (1kg)	£ 1.82

Tomato (1kg)	£ 1.87
Potato (1kg)	£ 1.31
Water (1.5 l)	£ 1.00
Bottle of wine (good quality)	£ 6.25

Transportation	
One-way ticket (public transport)	£ 2.05
Monthly pass	£ 60.00

Other

- Undergraduate leaflet: <https://www.uhi.ac.uk/en/studying-at-uhi/international>
- City of Inverness official website: <http://www.inverness-scotland.com/>