## Services & Events during the UPEI Holiday Campus Closure

• Emergency: Call 911.



- **UPEI SAFE App** is the University's safety app and mass notification system which helps UPEI advise the campus community about university/storm closures and any safety issues.
  - All members of the UPEI community students, faculty, staff, family, and friends are encouraged to download the app free at the Apple App or Google Play Store!
  - For those who do not have a smartphone or a supported app platform, you may also subscribe to receive notifications by text (SMS) over cell connections by texting the word UPEI to the shortcode 723389. Standard message and data rates may apply.

#### • Student Medical Care:

- o Call 811 PEI Health Care information
- Student Healthcare via the Maple app: register at <u>getmaple.ca/studenttrust</u> for 6 free online sessions. Please provide your student number 000\_\_\_\_, & your information. Accessible 24/7.

### Mental Health and Safety Support:

- Mental Health and Addictions Access Line is free, confidential, and available 24/7 if you need to talk to someone right now. Call 1-833-553-6983.
- o Canada Suicide Crisis Helpline: Call or text 988.
- Bridge the gApp is a new way to connect with guidance and support for mental health and addictions. <a href="https://pei.bridgethegapp.ca/adult/">https://pei.bridgethegapp.ca/adult/</a>; If you need support, call us now at our toll-free number 1.833.456.4566. We are available 24x7x365.
- Hope for Wellness Helpline- Available 24/7 to all Indigenous people in Canada by phone or online 1-855-242-3310; https://www.hopeforwellness.ca/
- 211 PEI: Navigation service to connect you to human, social, community, and government services across Epekwitk / PEI. Dial or text 2-1-1."
- o Kids Help Phone (for young adults too) Text 741741 or 686868 Call: 1-800-668-6868.
- Mental Health Open Access Clinic: JBJ (Richmond) Centre, 149 Mt. Edward Road, (902-368-4430). CLOSED Dec 25, 26, 2025 and January 1, 2026.
  Other than the above, open Dec 29, 30, 31, 2025; and Jan 2, 2026 (Mon/Wed/Fri 7:30am 4pm and Tues/Thurs open 7:30am 6pm). CLOSED weekends.

#### Immigrant & Refugee Services Association Prince Edward Island:

\*\*Open to noon Dec 24, 2025, CLOSED Dec 25-Jan 1; reopens 8:30-4:30 on January 2, 2026\*\* https://www.irsapei.ca/; **Phone**: 902-628-6009

49 Water Street, Charlottetown, PE C1A 1A3

6-30 Greenwood Drive, Summerside, PE C1N 3Y1

Regular opening is on weekdays between 8:30 and 4:30pm.

### Food Security:

**Soup Kitchen** 101 Richmond Street, Charlottetown, PE; 1-902-892-1995 *Delicious, hot meals for ALL* 

Dec 24, 26, 2025 & Jan 1, 2026: LUNCH ONLY from 10:30-noon

Dec 25, 27, 28 2025 & Jan 3, 4 2026: CLOSED.

Dec 29, 30, 31 2025 & Jan 2, 2026: lunch 10:30 am-12:00 pm and supper 3:30pm-5:00 pm.

Free Christmas Dinner on December 25, 2025, at Jack Blanchard Family Centre at

7 Pond Street, Charlottetown. Sign up required by December 20, 2025, at 902-393

1993 or at <a href="https://www.facebook.com/4Love4Care/">https://www.facebook.com/4Love4Care/</a>

### **On Campus Activities**

• UPEI New Year's Levee 2026!

UPEI & the UPEI Alumni Association are hosting their annual New Year's Levee on <u>Thursday</u>, <u>January 1, 2026, from 11:00 am–12:30 pm</u>, and all are welcome to attend.

The levee will be held in the Faculty of Sustainable Design Engineering Building, University of Prince Edward Island, 550 University Avenue, Charlottetown.

See attached and below Sheets for and Residence Life and Campus Life events.



## RESIDENCE LIFE

# **Residence Life Holiday Events:**

Cereal N' Toons - December 21st @ 10am

Cookie Decorating Contest - December 23rd @ 6pm

Write a Letter Home - December 27th @1pm

**Holiday Dinner To-Go** - December 27th @4-5pm (a festive meal prepared for students living in residence as a takeaway offering)

DIY Craft Night - December 29th @5pm

Bingo and Winter Drink Bar - January 6th @ 4pm

Andrew Hall is the location for all events other than the holiday meal, which students would pick up from Wanda Wyatt Dining Hall.

Andrew Hall 142 is set up for casual drop-in. Students can hang out, and/or do movies, crafts, and games

All UPEI students are welcome!

