

## BE AN ALLY! EQUITY, DIVERSITY, AND INCLUSION IN THE WORKPLACE

## **DESCRIPTION OF COURSE**

Your journey to better support LGBTQ+ starts here. This course introduces the concepts, terminology, and vocabulary related to gender and sexual diversity, as well as the importance of Positive Space and how to prepare individuals to offer support to their colleagues as a Positive Space ambassador in the workplace.

Participants will discuss issues relevant to the LGBTQ2+ communities and learn to contribute to a safer, more inclusive workplace. While much progress has been made, the LGBTQ2+ communities still face challenges with heterosexism, genderism, transphobia, and homophobia, which can lead to individuals feeling unsafe at work.

Through scenarios and practical exercises, participants will learn behaviours that can help bring diversity and inclusion into the modern workplace. Diversity and inclusion are essential for building a modern, high-performing workplace!

Topics covered in this course include:

- >> Reviewing terminology and vocabulary
- >> Understanding heteronormativity, cis-normativity, and privilege
- >> Exploring LGBTQ2+ history in Canada
- >> Defining Positive Space and why it is important

- >> Defining the role of a Positive Space ambassador
- >> Outlining helpful behaviours of ambassadors
- >> Reviewing different support methods
- >> Being an ally