

Facilitator: Maria DiCarlo

Residence: Fredericton, NB

Occupation: Educator, Writer, Artist,
Occupational Therapist (NB)

Areas of Expertise: Expertise in communication for leadership, advocacy, and change-making, with a focus on sensory processing, mental health, and the nervous system.

About Maria: Maria is a passionate learner and changemaker with a background in psychology, sociology, and occupational therapy. She brings rich experience from her time in England, where she led community-based projects focused on creativity, wellbeing, and restorative approaches. Recognized for her leadership at Western University, Maria draws on lived experience to offer dynamic, adaptable strategies for communication and problem-solving. She's also an avid storyteller, photographer, and night-sky enthusiast.



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