



## Virtual Fitness Programming

### **How to register for Virtual Fitness Programming:**

- Go to recreation.upei.ca
- UPEI students/faculty/staff – click on Green ‘UPEI LOGIN’ button. Sign in with your UPEI email address and password.
- Community members sign in using email or username in Community sign in box. When signing up you need to use your UPEI ID number (must be 7 digits so you may need to include one or more leading zeroes). Click “Sign Up” if you do not have a Fusion Account

Once you are signed in:

- Click on Virtual Fitness Programming ICON
- Click on Virtual Fitness Membership icon.
- Click again on Virtual Fitness Membership.
- Select the one-month duration and start date (it should say \$0 for full time UPEI students). Follow the prompts to sign waiver and checkout.
- Once the above happens it will take 24-48 hours before you have access.
- Once access is assigned, click on the Fitness OnDemand ICON, and enjoy workout videos.

Important Notes:

- Over 40 workout videos including Pilates, yoga, Zumba, strength training, etc. Students can register now:
- One-month memberships only. When month ends, you must log in and sign up again.
- Use Chrome Browser
- Currently experiencing tech issues with using photos on iPhones and iPads. Tech company currently working on issue. But videos do work on laptops and desktops.

For any questions or access issues with Virtual Fitness Programming, please email Angela Marchbank, Coordinator Fitness & Wellness at [amarchbank@upei.ca](mailto:amarchbank@upei.ca)

### **FEES: One month access**

UPEI Full Time Students – FREE

UPEI Part – Time Students who have purchased a sports centre membership – FREE

UPEI Faculty/Staff with a Sports Centre membership - \$9.99 + hst/month

UPEI Faculty/Staff without a Sports Centre membership - \$14.99 + hst/month

Sports Centre members - \$14.99 + hst/month

Community non-members - \$24.99 + hst/month