



**筑波大学**  
*University of Tsukuba*

**University of Tsukuba – Practical Information**



Located about an hour by train from Tokyo, the University of Tsukuba is consistently ranked in Japan's top 10 universities. Approximately 7,500 of Tsukuba's 220,000 residents are from overseas, making the percentage of foreign residents one of the highest in the country.

The city of Tsukuba is home to around 40 research institutions, and was recently named as one of the four "International Strategic Zones" promoting green innovation with life science and technology. The Ibaraki prefecture, in which the city is located, is a traditional, rural area of Japan.

### **Website**

<http://www.tsukuba.ac.jp/en/>

### **Application Deadlines**

For application deadlines and the academic calendar, as well as the Application Guide, see: <http://www.global.tsukuba.ac.jp/study/exchange>

### **Courses**

The University of Tsukuba offers a wide range of courses in English, as well as Japanese language and culture courses. See the bottom of this page:

<http://www.global.tsukuba.ac.jp/study/exchange>

### **Accommodation**

The University's residential halls consist of single rooms furnished with a desk, chair, bed, air-conditioning, refrigerator, curtains, and shared laundry facilities. Rent varies between ¥23,800 and ¥44,000 per month. See <http://www.global.tsukuba.ac.jp/study/exchange>

## Visa and Travel Information

Exchange students are required to obtain a “College Student Visa” before coming to the University of Tsukuba. For more information, see, under “pre-departure information”:  
<http://www.global.tsukuba.ac.jp/study/exchange>

For Japan travel advice and advisories, see: <https://travel.gc.ca/destinations/japan>

## Insurance

It is essential to obtain travel insurance before coming to Japan. It is also compulsory to join Japan’s National Health Insurance (NHI). The amount of the premium you must pay varies by city or ward. It is usually about 1,500 yen per month. Vehicle liability insurance is recommended, in case of accidents.

## Other

Campus Life –

<http://www.global.tsukuba.ac.jp/study/student-life/campus-life?language=en>

Clubs and Societies –

<http://www.global.tsukuba.ac.jp/study/student-life/clubs-societies?language=en>

FAQ - <http://www.global.tsukuba.ac.jp/faqs>

## Cost of Living in Tsukuba (¥ = Japanese Yen)

The cost of living in Tsukuba is significantly lower than in Tokyo.

### Restaurants

Meal (inexpensive restaurant)	¥ 800
Meal (for 2, mid-range restaurant, three-course)	¥ 3,000
McDonalds combo	¥ 650

### Markets

Milk (1 litre)	¥ 170
Loaf of bread (500g)	¥ 200
Rice (1kg)	¥ 300
Eggs (12)	¥ 260
Local cheese (1kg)	¥ 1,000
Chicken breasts (1kg)	¥ 950
Beef Round (1kg)	¥ 1,400
Apples (1kg)	¥ 600

### Transportation

One-way ticket for local transport	¥ 300
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