



University of Jyväskylä – Practical information

The University of Jyväskylä is one of the most distinguished and fastest-growing institutions of higher education in Finland. The university has a student body of 15,000 representing nearly 100 countries, and offers English courses in Business and Economics, Education, Humanities, Language and Culture Studies, Information Technology, Mathematics and Science, Social Sciences, and Sport and Health Sciences.

“A small city with a big feel” accurately describes Jyväskylä, located in the lake district of Finland some 270 km north of Helsinki. It has the advantages of a small town, being comfortable, compact and safe, and at the same time it is a bustling, modern centre of industry and learning. Out of the 132 000 inhabitants in the Jyväskylä region almost one fourth are students. The buildings, designed by world famous architect Alvar Aalto, add their own flavour to the cityscape.

Website

- Main website: <https://www.jyu.fi/en/>
- International Office website: <https://www.jyu.fi/yliopistopalvelut/academic-and-student-services/international-office>

International Exchange Coordinator

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Application Deadlines

- Autumn semester: **May 15th, 2017**
- Spring semester: **November 1st, 2016**

Semester Dates

- Autumn semester: September-December
- Spring semester: January-May

Application Information

- General: <https://opiskelu.jyu.fi/en/apply/student-exchange/how-to-apply>
- Exchange application: <https://opiskelu.jyu.fi/en/apply/student-exchange/instructions>

Academic Calendar

2016-2017 Academic Calendar: <https://opiskelu.jyu.fi/en/study/studies/academic-calendar>

Courses

The University of Jyväskylä offers a variety of courses in English for exchange students. The University uses the European Transfer Credit System (ECTS) where 6 ECTS is equivalent to 1 UPEI course. A full study load per semester is 30 ECTS. You may modify your courses after arrival if necessary.

See a list of possible courses: <https://opiskelu.jyu.fi/en/apply/student-exchange/courses>

Things to keep in mind:

- Some of the courses may be targeted at students of the department/faculty in question only.
- Some courses may have prerequisites.

Accommodation

Student housing in Jyväskylä is offered by:

- Central Finland Student Housing Foundation, KOAS
- Kortepohja Student Village

For information on student housing, and for advice on searching for an apartment, see: https://opiskelu.jyu.fi/en/study/day-to-day-life/accommodation_exchange_students

Alternatively, Jyväskylä has a "Friendship Family Programme" if you are interested in staying with a Finnish family during your exchange. This unique opportunity allows for a first-hand experience of Finnish culture. See: <https://opiskelu.jyu.fi/en/study/be-part-of-our-community/friendship-family>

English Language Requirements

The minimum requirement for non-native English speakers wishing to study at the University of Jyväskylä as exchange students is level B1, but the applicants should preferably be B2 (or higher) level users of the English language in order to be able to follow university lectures in English, participate in seminar discussions and understand written material in their field. Most courses require writing essays and research papers in English. A language test certificate is not required from exchange students.

Human Sciences International Summer School

If you are interested in a shorter exchange programme, Jyväskylä offers an intensive summer school in the Human Sciences from May-June. It comprises of 16 interdisciplinary courses for undergraduate students, including courses in Culture Studies, Education, Sport and Health Sciences, Psychology, Communication, Social Sciences and Philosophy. Each course is worth 2-4 ECTS credits. The application deadline for this programme is **February 1st, 2016**.

- For information on how to apply, see: <https://opiskelu.jyu.fi/en/study/studies/summer-school-in-human-sciences/apply>
- For course descriptions, see (tba): <https://opiskelu.jyu.fi/en/study/studies/summer-school-in-human-sciences/courses>
- Summer school participants will be accommodated in the apartments of the Kortepohja Student Village about 2.5 kilometres from the University. Accommodations will include a furnished study-bedroom with a shared kitchenette and bathroom.

Visas and Travel Information

Canadian citizens are required to obtain a student visa if they wish to study at the University of Jyväskylä. It is recommended that you apply for a visa **well in advance** before booking your flight. You must also be accepted to study at Jyväskylä before applying for your student visa.

For Finland travel advice and advisories, see: <https://travel.gc.ca/destinations/finland>

Miscellaneous

Jyväskylä offers an intensive summer course in Finnish from August 2nd-26th of August. The application period for this course is from March 15th- May 15th 2016.

Cost of Living in Jyväskylä

Restaurants

Meal, Inexpensive Restaurant	€10
Meal for 2 People, Mid-range Restaurant, Three-course	€ 50
McMeal at McDonalds (or Equivalent Combo Meal)	€ 8
Domestic Beer (0.5 liter draught)	€ 5
Imported Beer (0.33 liter bottle)	€ 5
Cappuccino (regular)	€ 2.74
Coke/Pepsi (0.33 liter bottle)	€ 1.87
Water (0.33 liter bottle)	€ 1.10

Markets

Milk (regular), (1 liter)	€ 0.92
Loaf of Fresh White Bread (500 g)	€ 1.60
Rice (white), (1 kg)	€ 2.01
Eggs (12)	€ 1.56
Local Cheese (1 kg)	€ 6.43
Chicken Breasts (Boneless, Skinless), (1 kg)	€ 9.39
Beef Round (1 kg) (or Equivalent Back Leg Red Meat)	€ 16.50
Apples (1 kg)	€ 1.14
Banana (1 kg)	€ 1.29
Oranges (1 kg)	€ 1.67
Tomato (1 kg)	€ 2.60
Potato (1 kg)	€ 0.71
Onion (1 kg)	€ 1.15
Lettuce (1 head)	€ 1.25
Water (1.5 liter bottle)	€ 0.76
Bottle of Wine (Mid-Range)	€ 12
Domestic Beer (0.5 liter bottle)	€ 2.54
Imported Beer (0.33 liter bottle)	€ 1.58
Pack of Cigarettes (Marlboro)	€ 6

Transportation

One-way Ticket (Local Transport)	€ 3
Monthly Pass (Regular Price)	€ 60
Taxi Start (Normal Tariff)	€ 6

Utilities (Monthly)

Basic (Electricity, Heating, Water, Garbage) for 85 m2 Apartment	€ 78.31
Internet (10 Mbps, Unlimited Data, Cable/ADSL)	€ 14

Rent (Monthly)

Apartment (1 bedroom) in City Centre	€ 564.44
Apartment (1 bedroom) Outside of Centre	€ 460
Apartment (3 bedrooms) in City Centre	€ 1,071.43
Apartment (3 bedrooms) Outside of Centre	€ 775