



Located in Porto, Fernando Pessoa University is divided into three faculties: Health Sciences, Human and Social Sciences, and Science and Technology. Although the majority of courses are taught in Portuguese, the University also offers a number of courses taught in English.

Porto is the second-largest city in Portugal after Lisbon, extending to the coastline of the Atlantic Ocean. The city is renowned for its medieval centre, food and wine, and its charismatic locals.

### **Website**

<http://international.ufp.pt/>

### **Contact**

International Office - [international@ufp.edu.pt](mailto:international@ufp.edu.pt)

### **Application Deadlines**

- Autumn semester (September - February) - **June 20**
- Spring semester (February - July) - **November 18**

For more information on the application procedure, see:

<http://ri.ufp.pt/en/incoming-students/candidatura-intercambio/>

For Academic Calendar, see: <http://ri.ufp.pt/en/incoming-students/calendario/>

### **Courses**

Although the majority of courses offered at Fernando Pessoa University are taught in Portuguese, there are a number of courses offered in English. To see a list of these courses: <http://ri.ufp.pt/en/incoming-students/english-courses-in-english-1st-cycle/>

Note that “2nd Cycle” courses are for postgraduates. It is also important to only select courses that are offered during the semester you will be abroad.

In addition, exchange students are welcome to register for Portuguese for Foreigners classes which are taught throughout the semester. See:

<http://ri.ufp.pt/en/study-at-ufp-exchange/portuguese-for-foreigners/>

UFP uses the ECT (European Transfer Credit) system, where 6 ECTS is equivalent to 1 UPEI course. A full course load per semester is about 30 ECTS. For more information on ECTS and UFP's grading system, see:

<http://ri.ufp.pt/en/incoming-students/regras-frequencia-avaliacao/>

### **Accommodation**

UFP does not have on-campus housing, but instead works with Uniplaces in order to help exchange students find accommodation. See:

<https://www.uniplaces.com/university/porto/ufp-universidade-fernando-pessoa>

### **Visa and Travel Information**

Canadian citizens must obtain a student visa if they intend to study at UFP. It is recommended that you apply for a visa well in advance before booking your flight. You must be accepted to study at UFP before applying for your student visa.

For Portugal travel advice and advisories, see: <https://travel.gc.ca/destinations/portugal>

### **Insurance**

Exchange students **must** have valid health insurance in Portugal.

### **Cost of Living in Porto**

#### **Restaurants**

Meal (inexpensive restaurant)	€ 6
Meal for 2 (mid-range restaurant, three course)	€ 30
McDonald's combo	€ 5.50

#### **Markets**

Milk (1 litre)	€ 0.56
Loaf of bread (500 g)	€ 1
Rice (1 kg)	€ 0.89
Eggs (12)	€ 1.50
Local cheese (1 kg)	€ 6.80
Chicken breasts (1 kg)	€ 5.50
Beef round (1 kg)	€ 8.70
Apples (1 kg)	€ 1.34
Potato (1 kg)	€ 0.89

#### **Transportation**

One-way ticket (local transport)	€ 1.25
Monthly pass	€ 30