



Guide to Varsity Athletics for Student-Athletes
Intercollegiate Sport

2015-16

www.gopanthersgo.ca



Welcome to UPEI, proud home of the PANTHERS!

Go Panthers Go!

Chris Huggan
Director, Athletics & Recreation

Introduction

Welcome to the University of Prince Edward Island. We appreciate the commitment it takes to be a successful student-athlete at UPEI, and want to provide you with the best possible support to help you achieve your academic and athletic goals. This guide helps highlight the programs, policies, rules and resources that you must be familiar with in order to have a successful university experience. If you have any additional questions or inquiries, please contact your coach, any member of the Athletics & Recreation staff.

Ron Annear, Varsity Coordinator

Important Contact Information

Athletics & Recreation:

Panther Central Front Desk Sports Centre	902-566-0368	panthercentral@upei.ca	
Athletic Director – Chris Huggan	902-566-0715	chuggan@upei.ca	
Manager Campus & Community Recreation			
- Stephanie Knickle	902-566-0305	sknickle@upei.ca	
Varsity Coordinator – Ron Annear	902-566-0991	annear@upei.ca	
Fitness & Wellness – Angela Marchbank	902-566-0606	amarchbank@upei.ca	
Business Manager – Allan Hughes	902-620-5150	ahughes@upei.ca	
Coordinator Panther Central & Academy			
- Jon Lane	902-566-0627	jalane@upei.ca	
Physiotherapy – Ralph Manning	902-218-1248	rbmtr6@gmail.com	
Men’s Soccer Coach-Lewis Page	902-394-3662	msoccer@upei.ca	
Women’s Soccer Coach-Graeme McDonald	902-213-0728	wsoccer@upei.ca	
Field Hockey Coach-Sheila Bell	902-388-1318	fieldhockey@upei.ca	
Women’s Rugby-Shannon Atkins	902-676-2266	wrugby@upei.ca	
Men’s Hockey Coach- Forbes MacPherson	902-566-0986	mhockey@upei.ca	
Women’s Hockey Coach-Bruce Donaldson	902-393-0662	whockey@upei.ca	
Women’s Basketball Coach-	902-566-0663	wbball@upei.ca	
Men’s Basketball Coach-Tim Kendrick	902-566-0562	mbball@upei.ca	
Swim Coach-Bill Calhoun	902-566-0721	swimming@upei.ca	
UPEI Security	566-0384/566-0373	UPEI Accounting	566-0463
UPEI Student Services	566-0488	UPEI Registrar’s Office	566-0439
UPEI Student Union	566-0530	UPEI Bookstore	566-0625
Webster Centre	894-2886	UPEI Health Centre	566-0616 or 0789
Panther Sport Medicine Physiotherapy		620-5181 (located 1 st floor of Sports Centre)	
CARI Complex/MacLauchlan Arena (pool & rink)		569-4584 (press 0 to get Front Desk staff)	
UPEI Athletics & Recreation	www.gopanthersgo.ca		
Atlantic University Sport (AUS)	www.atlanticuniversitysport.ca		
Canadian Interuniversity Sport (CIS)	www.cis-sic.ca		



2014/2015
Outstanding Athletes of the Year
Amy Gough
Co-Winners Tyler Scott & Cole MacMillan



**CONGRATULATIONS TO OUR UPEI
 CIS ACADEMIC ALL-CANADIANS!**

THE UNIVERSITY OF PEEL REGION (UPR) IS PROUD TO ANNOUNCE THAT IT HAS BEEN SELECTED AS ONE OF THE 75 ACADEMIC ALL-CANADIANS IN THE 2014/2015 CIS ACADEMIC ALL-CANADIANS AWARD. THIS IS A HONOR THAT IS WELL-DESERVED BY THE UNIVERSITY OF PEEL REGION AND ITS STUDENTS. THE UNIVERSITY OF PEEL REGION IS COMMITTED TO PROVIDING A HIGH-QUALITY EDUCATION AND TO SUPPORTING ITS STUDENTS IN THEIR ACADEMIC AND ATHLETIC JOURNEYS. THE UNIVERSITY OF PEEL REGION IS A MEMBER OF THE CIS AND IS COMMITTED TO THE VALUES OF THE CIS AND ITS STUDENTS.

UPR PANTHERS UNIVERSITY OF PEEL REGION UNIVERSITY OF PEEL REGION

“Congratulations to our CIS Academic All-Canadians”

REGISTRATION and CIS ELIGIBILITY

Each year, a student-athlete must register with the UPEI Athletics & Recreation office to be eligible to represent the University in athletic competitions. The process involves the completion of the online registration forms and verification by Athletics & Recreation office of previous experience and academic record. Details are outlined below:



Quick Checklist for Student-Athletes

- ☐ Complete the academic registration process with UPEI, including sending your transcript to the UPEI Registrar's Office (ensure the application fee is paid)
 - ☐ Ensure you are registered in a minimum of 9 semester hours (3 credit courses) per semester; this is required to participate in Canadian Intercollegiate sport.
Complete and return **ALL** necessary athletic forms www.gopanthersgo.ca/athletesonly
 - ☐ Have Medical Form completed and signed by a Doctor
(www.files.upei.ca/athletics/athletes_only-medical-questionnaire.pdf)
 - ☐ Complete the True Sport Clean 101 e-learning course at <http://onlinelearning.cces.ca> (see Athletes Only section at www.gopanthersgo.ca/cces-online-drug-education)
 - ☐ Determine if your prescribed and over-the-counter medication(s) are prohibited or NOT prohibited at www.globaldro.com
 - ☐ Go to Campus Login on www.upei.ca/campuslogin and change your email address to the one you
 - ☐ regularly use. As a student-athlete, you MUST remain in the UPEI Student Medical Health Plan
 - ☐ Attend Team Orientation session and Kickoff (check www.gopanthersgo.ca/important-dates for date/time)
 - ☐ Have head shot photo taken (times will be posted at www.gopanthersgo.ca/important-dates or check with your coach)
 - ☐ As a UPEI student-athlete, you are responsible for being familiar with the information in the Handbook (found at www.gopanthersgo.ca/athletesonly)
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NOTES:

- Signing these forms permits your Coach and Varsity Coordinator to review your academic record
- All completed forms **MUST** be submitted prior to participating in tryouts, practices and/or games (including exhibition)
- Failure to pay UPEI fees or to make arrangements to pay later can result in your being ineligible to participate.

Basic Governing Rules

In order to ensure that you fully understand the eligibility rules that govern a UPEI student-athlete, you should consult the CIS website

- Canadian Interuniversity Sport (CIS) www.cis-sic.ca

Specific sections of interest are:

- Student Athlete Information http://english.cis-sic.ca/information/student-athlete_info/index
- Member Information http://english.cis-sic.ca/information/members_info/index

It is the responsibility of each student-athlete to ensure that his/her academic affairs are in order. You are a student-athlete, not vice-versa.

Each student-athlete must be registered as a full-time student to be eligible for interuniversity competition (see Eligibility Requirements for details). If students alter their academic program in any way, they must notify their coach immediately. Students should notify their coach **IMMEDIATELY** if they think that they may be having any academic difficulties. The coaches must continue to remind student-athletes of their obligations and responsibilities to the program and the achievement of academic success. Both the coach and the athletes must be aware of all registration and withdrawal dates and the AUS and CIS eligibility rules.

Penalties for student-athletes who compete while ineligible can be severe. This may affect student-athlete, team and institution participation opportunities.

The UPEI Athletic Department and its members are here to help you. Feel free to drop by and make an appointment for advice or assistance.



CIS REQUIREMENTS

Student-athletes who participate in a CIS sport must meet all CIS eligibility requirements. The most basic eligibility rules are listed below; however, some sports have specific eligibility rules that must be met in order to be eligible to compete. The entire list of eligibility requirements is located on the CIS (www.cis-sic.ca) website. If you have any questions, contact UPEI Athletic Department at 902-566-0432.

Academic Standing

1. A continuing student-athlete must be in good standing, as defined by sections 2 through 5 below.
2. A student-athlete must be registered in a minimum of 9 semester hours in the semester/term in which he/she is competing.
3. Each continuing student-athlete must have successfully completed 18 semester hours, or the equivalent, in the 12-month period September-August in order to be eligible for competition during the following season. Student-athletes may take summer courses to fulfill the 18 semester hour requirement.
4. An athlete who enrolls full-time for academic study at an institution in January of any year must successfully complete a minimum of 9 semester hours prior to September 1 in order to be eligible to compete in the following year.
5. Athletes must complete an Athlete Profile Form and sign the Athlete Acknowledgement Agreement (after familiarizing themselves with the eligibility rules) each year and return it to the Head Coach.
6. A Special Needs Student (ie: a student with a learning disability) must be considered in good standing by UPEI in order to be eligible for the following year.
7. Academic course loads of student-athletes are checked on a daily basis. If student-athletes reduce their course load below the minimum eligibility requirement, they will not be permitted to compete (NOTE: it is important that you consult with your Head Coach BEFORE you drop and/or add courses).

Years of Eligibility

CIS limits student-athletes to a maximum of 5 years of participation (non-sport specific)

Undergraduate Transfers

A CIS student-athlete who transfers from another academic institution must sit out one calendar year of competition in that sport prior to competing.

Graduate and First Professional Studies

A student-athlete who enrolls in either a doctorate, master's degree, or first professional degree (as classified by AUCC) program at a member institution and who completed their undergraduate degree at another member institution the previous year shall retain any available CIS eligibility to participate immediately. This shall be a one-time allowance.

Withdrawal

A CIS student-athlete who withdraws prior to completing the academic term is not eligible to participate in CIS competition for a period of one calendar year from the date of withdrawal and must have regained academic eligibility (ie: successfully passed a minimum of 18 semester hours) prior to being registered as eligible to participate.

Participation as a Professional

1. Must be a non-professional in order to be eligible to compete.
2. A professional is any student who at any time played in a professional league recognized by the AUS/CIS.
3. Any professional athlete may participate in CIS competition one calendar year from the date that the athlete last participated in a professional game or event in a sport.
4. For clarification, see CIS Eligibility Rule 40.10.6.2 at http://english.cis-sic.ca/information/members_info/pdfs/pdf_elig_pack/13-14/6_Policy_40_10_Eligibility_Rules_2013-14.pdf

Anti-Doping Policy

There are two anti-doping policies that govern UPEI student-athletes who compete on intercollegiate teams.

CIS Sport Teams

In order to compete in a CIS sport for UPEI, you are required to complete the **True Sport Clean 101 e-learning course** offered by the Canadian Centre for Ethics in Sport. Completion of the course is required in advance of a student-athlete's participation in competition (conference or non-conference).

The goal of this course is to educate university athletes and coaching staff of the hazards and consequences of the use of prohibited substances or methods in contravention of the Canadian Anti-Doping Program (CADP) which is administered by the Canadian Centre for Ethics in Sport (CCES). The educational program will also include a discussion on ethics in sport. Teams must follow the rules and regulations as outlined in Policy #90.20 of the CIS Bylaws, Policies and Procedures Manual. All student-athletes are required to complete the CIS anti-doping e-learning course located at <http://onlinelearning.cces.ca> (see Athletes section at www.gopanthersgo.ca for instructions with username and password).

The Global Drug Reference Online (DRO) at www.globaldro.com provides athletes and their support personnel with easily accessible and accurate information about which drugs, medications and other substances are prohibited by World Anti-Doping Agency (WADA).

*Check to see if your medication, or its route of administration is prohibited. If it is NOT PROHIBITED, no further action is required. Verify through one of the following resources:

- Substance Classification Booklet: www.cces.ca/scb
- Global Drug Reference Online: www.globaldro.com
- Email: substances@cces.ca; or CCES toll-free: 1-800-672-7775

*If your medication, or its route of administration is PROHIBITED, you must have a Therapeutic Use Exemption (TUE) form completed and submit it to CCES:

- Check when your TUE application should be submitted:
- At the time the medication is prescribed by your physician (for medications prohibited in- and out-of-competition);

OR

- No less than 30 days prior to participating in an event (for medications prohibited in-competition only).

*Compile medical evidence confirming the diagnosis and prescription including:

- Comprehensive medical history related to the diagnosis;
- The results of all relevant objective examinations, laboratory investigations and imaging studies;
- Independent supporting medical opinion in the case of non-demonstrable conditions; and
- Relevant correspondence between physicians regarding the diagnosis and prescription.

*Completing the TUE form:

- The CCES will accept applications submitted on the CCES TUE application form or on any IF TUE application forms, provided all required information is included.
- All information on the form must be legible (typed or block letters preferred). Illegible forms will be returned unprocessed.
- All fields must be properly completed, and the form must be dated and signed by the athlete and the prescribing physician. Incomplete forms will be returned to the athlete unprocessed.

*Send the completed application form and supporting documentation to the CCES by:

Fax: 613-521-3134

Email: tue-aut@cces.ca; or

Mail: Attn: Athlete Services Manager, CCES, 350-955 Green Valley Cr, Ottawa, ON K2C 3V4

*If you are selected for doping control, be sure to verbally declare your medications to the doping control officer, including the following:

- All prescribed medications (ie: asthma medications and glucocorticosteroids);
and
 - All non-prescribed medications and supplements taken in the last 10 day
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Please note:

- A complete TUE application can take up to 30 days to review.
- The CCES will contact the athlete once a decision has been rendered on the application, or if more information has been deemed necessary.
- Any medical costs incurred for the completion of the TUE application form or additional investigations, examinations or imaging studies are the responsibility of the student-athlete.

A copy of a completed TUE application must be dropped off at the UPEI Athletics office (SC 204) to be kept on file. If you have any questions, please ask your coach or drop by the Athletics office.

UPEI Policy for All Student-Athletes

The second policy that governs student-athletes is UPEI's position and mirrors the CIS program.

UPEI is unequivocally opposed to any use by student-athletes of any banned substance or performance-enhancing drugs or practices in contravention of the rules of the Canadian Centre for Ethics in Sport and the World Anti-Doping Agency.

UPEI is equally opposed to the condoning of the use of or trafficking in such substances by individuals in positions of leadership in amateur sport (including coaches, athletic staff, medical practitioners, and administrators) or by student-athletes themselves. The provision or administration of banned substances to student-athletes is forbidden.



Procedure for Team Pre-Participation Medicals

Preseason medical evaluations and review of medical history is compulsory for all intercollegiate teams.

The Policy

ALL athletes must have a Medical Questionnaire completed and signed by a Doctor (link is www.gopanthersgo.ca/athletesonly) prior to participating in tryouts, practices and/or games.

UPEI Student Medical Plan

All student-athletes **MUST** remain in the UPEI student medical health plan or they are ineligible to participate in intercollegiate sport.



GENERAL TRAVEL POLICY

1. UPEI Athletics provides administrative and service support for each interuniversity sport.
2. UPEI Athletics believes in fair and equal access to sport regardless of gender.
3. Travel to competitions is normally by bus, depending on team size.
4. Teams who require large amounts of equipment to be transported will travel in a coach for liability and safety reasons.
5. All teams will travel home after the last game/event of the competition. Special consideration will be given to situations where an additional overnight stay may be permitted based on airline availability, safety and cost.
6. All student-athletes must travel as part of the team contingent (Roster Size on pg.13)
7. Only members of the official travel contingent may travel with the team.
8. The travel contingent for each team specifically outlines the number of student-athletes, student trainers, assistant coaches and head coach that may travel under university funding.
9. When travelling, all teams must be under the supervision of the head coach or a non-participating designate whom UPEI Athletics & Recreation has approved.
10. The head coach must provide the Athletic Department with a list of all those traveling on team trips.
11. The head coach must provide a list of those travelling to be attached and submitted with each reconciled travel claim.

AUS and CIS CHAMPIONSHIP TRAVEL

1. UPEI Athletics will cover the travel costs for the official travel contingent to AUS and CIS championship competitions.
2. UPEI Athletics will not fund travel for injured athletes who are unable to compete. Exemption is at the discretion of the Director of Athletics.

MEAL SUBSIDY POLICY

A meal subsidy of a maximum of \$10 per athlete per meal (or \$30 per athlete per day) is provided to the team travel contingent (athletes, coaches, assistant coaches, trainers, managers) for AUS/CIS competition.

- In a situation where a team meal is organized by the head coach (or designate) rather than distributing the meal subsidy funds to each individual, the coach will be required to provide receipts for these expenditures. The team captain will verify by signature the variation from the meal subsidy distribution policy. Original receipts must be submitted for all receipts.

ATHLETE TRAVEL POLICY

All student-athletes must travel as part of the team contingent. Individual exceptions must be approved by the head coach and forwarded to the Athletic Director.

Roster size

Team roster size is set by CIS regulations. Budgets for each team for travel and equipment are based on the following roster sizes:

Soccer-M	22	(18 players, 3 staff, 1 student trainer)
Soccer-W	22	(18 players, 3 staff, 1 student trainer)
Rugby-W	29	(25 players, 3 staff, 1 student trainer)
Field Hockey	Competitive Club, team self-funds	
Basketball-M	16	(12 players, 3 staff, 1 student trainer)
Basketball-W	16	(12 players, 3 staff, 1 student trainer)
Hockey-M	25	(20 players, 3 staff, 1 student trainer, 1 equipment manager)
Hockey-W	25	(20 players, 3 staff, 1 student trainer, 1 equipment manager)
Swimming	Competitive Club, team self-funds	
Curling-M	Competitive Club, team self-funds	
Curling-W	Competitive Club, team self-funds	

Accommodations

Funded travel party accommodation for student-athletes is two to a room.

It is expected that all funded student-athletes will stay in the accommodation booked for the teams on overnight trips. Student-athletes of the opposite gender are not permitted to room together. Student-athletes are responsible for any damage and incidental charges that are assessed during their stay at a hotel.

Varsity Athlete Email List

Athletics & Recreation manages an email list of all registered varsity athletes. This list is used to distribute important information and deadlines to all student-athletes. As a member of a varsity team, you will be automatically subscribed to this list.

You will receive occasional varsity athlete bulletins with important information, dates, deadlines and upcoming events. Please read notices thoroughly as they contain valuable information. In the same way that you are expected to be familiar with the information in this guide, you are responsible for the information in the email bulletins.

To have your @upei.ca email forwarded to your preferred address, go to:

- Go to campus login at www.upei.ca/campuslogin
- Choose "Change Current Address (+email)"
- Under "Preferred E-Mail Address:" type in the email you regularly use
- Press SAVE

If you have questions about the email list, please drop by or contact the Athletics Office.

Social Networking

Athletics & Recreation cautions student-athletes about what they distribute on-line, and post on sites such as Facebook, Twitter, I n s t a g r a m , including profiles, inappropriate photos, which are, if not private, easily accessible by reporters, parents, coaches, recruiters and fans.

Students are subject to sanctions if their profiles are found to contain inappropriate images and/or content, sexual content, underage drinking or illegal drug use.



STUDENT-ATHLETE CODE OF CONDUCT

Team members are considered representatives of the University and are expected to conduct themselves in an appropriate manner.

Standard of Conduct

It is a privilege and not a right to be a student-athlete and every student-athlete is expected to conduct him or herself in a manner that exhibits honour and respect to the team, department, University and surrounding community for the duration of his or her tenure as a student-athlete.

As a member of the student body at UPEI, each student-athlete must act in accordance with the UPEI Students' Rights and Responsibilities Code which can be found at:

<http://www.upei.ca/policy/adm/ss/gnl/0001>

INTERCOLLEGIATE SPORT RULES

While individual teams may have established additional team rules, the intercollegiate program has established the following guiding principles for all student-athletes:

- Student-athletes will conduct themselves in such a manner as to represent their team and the University with integrity and pride both on and off the campus
- Student-athletes are expected to participate fully in all practices and competitions that are required by the head coach and approved by the therapy staff.
- Student-athletes are expected to adhere to all University regulations and provincial and federal laws relating to hazing and to the use of alcohol and illegal drugs.
- Student-athletes are expected to participate in their sport free and clear of all banned substances.
- Student-athletes are expected to treat their teammates, coaches, staff, officials and opponents and hosts with dignity and respect without prejudice.
- Student-athletes are expected to report violations of any league, regional association or University rules to their head coach or an Athletics & Recreation administrative staff member.
- Student-athletes must abide by the policies and procedures of Athletics & Recreation.

UPEI Policy on Hazing and Inappropriate Initiation Practices

UPEI forbids hazing and any other form of inappropriate student initiation activity on property owned or occupied by the University, or in a University context. Hazing is defined as any action that recklessly or intentionally endangers the physical and mental health or safety of students. No one, including current, former, or alumni members of any team shall harass, intimidate, mock, or ridicule anyone or commit any similar act as a requisite for membership or participation on any such team.

UPEI Athletics and Recreation does not tolerate hazing of any kind. This applies to varsity teams, club teams, intramural participants, fitness and recreational activities and programs and all other forms of organized participation falling within the realm of UPEI Athletics and Recreational Services.

As coach, student-athlete or participant, you are responsible for the behaviour of your teammates at formal and informal, scheduled and unscheduled events. Regardless of whether the team meets on or off-campus, you are still highly visible as representatives of UPEI, and should behave accordingly.

The following activities are examples of violations of this standard:

- a. Requiring the consumption of any food, liquor, drug, or other substance;
- b. Requiring participation in physical activities, such as calisthenics, exercise, or other games or activities requiring physical exertion;
- c. Exposing another to weather elements or other physically or emotionally uncomfortable situations;
- d. Forcing excessive fatigue from sleep deprivation, physical activities, or exercise;
- e. Requiring anything that would be illegal under any applicable law, including laws of the UPEI Community Code, municipal, provincial or federal law;
- f. Requiring anything that can be reasonably expected to be morally offensive to another;
- g. Committing or requiring any act that demeans another based on race, gender, ability, sexual orientation, religion, or age;
- h. Committing any act of physical brutality against another, including, but not limited to, paddling, striking with fists, open hands or objects, and branding;
- i. Kidnapping or transporting another with the intent of stranding him or her;
- j. Committing verbal abuse;
- k. Forcing or requiring conduct that can be reasonably expected to embarrass or adversely affect the dignity of another, including the performance of public stunts and activities;
- l. Intentionally creating work or labour for another;
- m. Denying sufficient time for study or other academic activities; or
- n. Committing or requiring another to commit any sexual act or engage in lewd behaviour.

The Department of Athletics and Recreation will not tolerate any form of the aforementioned activities. All public behaviour must be within the bounds of human dignity and should not cause any embarrassment to the individuals involved, the team, the Department or the University.

UPEI insists that all students be welcomed to all activities by means of positive group- and team-building activities that respect the dignity, safety, and well-being of individuals, including their right to participate voluntarily without pressure.

Hazing is an extremely serious issue. Strong and immediate action will be taken against those who do not follow the guidelines. Failure to comply may result in suspension or expulsion from your team or from the university. If you have any questions as to whether an activity is appropriate, please consult the Director of Athletics.

Please do your part to ensure that all UPEI participants understand the seriousness of this policy.

Alcohol

The consumption of alcohol on team trips, in locker rooms or on the sidelines of athletic competitions is not permitted.

Conduct towards Officials

It is the responsibility of an athlete to respect officials. It is unacceptable for UPEI athletes to:

- Use abusive or foul language towards an official or direct non-verbal insults
- Complain post-game about officials or undermine their credibility

Breaches of conduct by a UPEI student-athlete or coach will result in disciplinary action. The range of sanction includes mandatory counselling, suspension from team activities, expulsion from the team, and/or revocation of a financial award.

Code of Conduct Infractions

In the unfortunate event that a student-athletes behavior is not in accordance with our Code of Conduct, disciplinary measures will be determined by an Athletic Council.



ACADEMIC SERVICES

At UPEI, we understand that academic and financial support are significant keys to success at the University level and we have a number of programs in place to provide all the support necessary for student-athletes to thrive.

Academic Advisors

Background

UPEI Academic Advising has grown from its commonly perceived prescriptive role into an ongoing developmental and educational process. As such, it seeks to nurture students in developing their own academic and career paths and help them become more autonomous as they move forward in their university careers. To achieve these goals, academic advisors work with students to help them take the lead and accept responsibility for their academic decisions.

Designation of Academic Advisors

UPEI Student Services will provide an Academic Advisor for each fully funded AUS/CIS varsity sport, including:

Soccer-M	- Ryan Giddens
Soccer-W	- Sarah Roche
Rugby-W	- Sarah Roche
Basketball-M	- James Reddin
Basketball-W	- Ryan Giddens
Hockey-M	- Jeff MacLean
Hockey-W	- Heidi MacDonald

Since academic advising is offered to all UPEI students, provisions will also be made to maintain appropriate communication about advising with non-funded AUS and/or CIS competitive club sports such as:

Swimming	- James Reddin
Field Hockey	-Nicole Wadden
Volleyball-W	- Sarah Roche

Terms of Reference

Open communication between Head Coach and Advisor:

Open communication will obviously take place within the bounds of student confidentiality. Advisors, coaches and student-athletes are encouraged to discuss the bounds of confidentiality and how information will be shared.

Engagement Opportunities with Team:

- Late summer /early fall training camp. The advisor would be introduced and develop, in consultation with the team and the coach, an overview of involvement for the year ahead, review academic supports, important academic dates, etc.
- Advisor is available during academic year via student-athlete appointment. In situations where students cannot be physically present, alternatives may be available. It will be important to highlight the role of planning ahead and personal responsibility on the part of the student-athletes.
- The advisors will support the student-athlete in accessing information and resources needed for academic success and decision making. Student-athletes have a responsibility to inform themselves about campus processes and procedures. Should they have difficulty accessing necessary information, academic advisors are available to help them find it.

Player and Coach

In late December or early January, Athletics & Recreation will generate team student-athlete academic updates from Fall semester. This report will highlight academic red flags requiring immediate attention and support towards achieving academic and athletic award eligibility for 2nd semester, the current academic year and the following year. This information will also highlight student-athletes who, with additional improvement, might strive towards CIS Academic All-Canadian status. This list will serve as useful information for the student-athletes who wish to come in; however, it will be the coach and student who are responsible for scheduling follow-up based on this information (for the teams for who it works, this can be as simple as planning a mid-year advising session for everyone on the team).

In late April, or early May, Athletics will generate team student-athlete academic updates from fall/winter semesters. This report will highlight academic red flags requiring immediate attention and support towards achieving academic and athletic award eligibility for current academic year and the following year. This information will also highlight student-athletes who, with additional improvement, might strive towards CIS Academic All-Canadian status. It's noted that, typically, the CIS academic year is September through to the end of August.

ACADEMIC HONOUR ROLLS

Recognition of the success of our student-athletes academically is offered in two ways

CIS Academic All-Canadians

Nominees must be designated as full-time students by the UPEI Registrar's Office. An athlete must be a full-time student as deemed by UPEI and be competing in a CIS sport. The student-athlete must have an average of 80% or above from September 1 to August 31 to qualify.

UPEI Deans' Honours List

Standing for inclusion on the Deans' List is calculated annually at the end of the academic year based on a minimum of 30 semester hours of credit (10 courses) taken between the September 1st - August 31st academic year with an average of at least 80% required and no courses failed. The only exception to the

semester-hour requirement is for Fourth Year students who require fewer than 30 semester hours of work to graduate, provided that they obtain a minimum of 24 semester hours of credit during the September-May year, and that they have had previous standing on the Deans' List.

Awards – Scholarships - Bursaries

Awards, bursaries and scholarships are available to students considering attending UPEI. For more information, go to http://studentservices.upei.ca/3_awardsandscholarships

Athletic Financial Awards (AFA's)

An AFA is an award/scholarship that is conditional to being listed on the Official CIS Eligibility Certificate, and administered by the University's awards office consistent with the awarding University's policies and published on the University calendar. These awards include, but are not limited to, scholarships, bursaries, prizes, leadership awards, merit awards, housing, and all other related non-employment financial benefit received by an athlete.

UPEI supports the provisions of the athletic financial awards to Canadian Interuniversity Sport (CIS) athletes according to acceptable ethical practices and within the guidelines and policies established by CIS. UPEI promotes gender equity in the implementation of the awards policy.

Eligible Total/Value of AFA

There is no restriction on the number of athletic financial awards that a student-athlete may receive in one academic year, except that they may not aggregate to more than the value of tuition and compulsory fees of the student-athlete.

For example: Student-Athlete A is taking 10 courses and receives a \$4,000 athletic financial award from his team plus a \$2,000 donor award for his team, as long as the combined \$6,000 does not exceed the value of his/her tuition & compulsory fee's (ie. \$6,691) it is permitted under CIS regulations.

Non-University Administered (3RD Party) Award

A student-athlete cannot be in receipt of an award or benefit that is provided independent of the university and which is conditional upon being listed on a member institution's Official Eligibility Certificate and designated exclusively for the member institution in question.

For more information on the available financial support, please consult the UPEI Awards, Scholarships and Bursaries web page at http://studentservices.upei.ca/3_awardsandscholarships

Program Feedback Forms

At the conclusion of your season, the Athletic Director will meet with each team. Student-athletes are required to complete a confidential evaluation that examines various individual and team issues relating to the sport program. The survey covers coaching, equipment, facilities and overall general impression of the student-athlete experience.

Fall sport sessions will be completed before the start of the 2nd semester.

Winter sport sessions will be completed before the end of the 2nd semester.

